

## **URINE ABSTINENCE TESTING AND INCIDENTAL DRUGS OF ABUSE EXPOSURE CONTRACT**

Because urine tests used for drugs of abuse testing are very sensitive, consumption of certain products can result in positive screens. In order to preserve the integrity of the testing program, it is necessary to restrict and/or advise persons scheduled for random tests regarding the use of certain products.

Since it is difficult to remember which drugs to avoid, this medication list has been prepared for you. The list includes what you can take and what you must avoid. You have to take responsibility for all drug use because not every physician, pharmacist, or dentist knows about the court-ordered testing requirement you are under.

If you have a particular problem, be sure to discuss it with your probation officer. No drug of any kind is to be taken without providing proof to your probation officer. When you show up for testing, you must always note on the paperwork you sign any prescription or over-the-counter medications you have taken.

Inform physicians, dentists, pharmacists, and all other persons involved in your receiving medications that you are randomly tested for drugs of abuse. **This is extremely important since a positive test will be a violation of your probation/ program and may result in your incarceration.**

### **DRUGS THAT CAN BE TAKEN**

*Do not use any amount beyond what is recommended*

Actifed	Clinoril	Motrin	Tagamet
Advil (OTC)	Clinoril (Rx)	Mucinex	Teldrin
Advil Cold	Comhist	Nalfon	Tessalon Perles
Afrin	Coricidin HBP	Naproxen	Theraflu
Aleve	Dimetapp	Ornade	Toradol
Alka-Seltzer Cold	Dramamine	Pepcid	Triaminic
Alka-Seltzer Plus	Feldene (Rx)	Pepto-Bismol	Tums
Allegra	Hismanal	Polarmine	Tylenol (OTC)
Allerest	Ibuprofen	Rolaids	Zyrtec
Aspirin	Imodium A-D	Seldane	
Benadryl	Maalox/Mylanta	Sudafed PE	
Claritin	Meclomen (Rx)	(Phenylephrine HCL)	
Tylenol Cold			

## DRUGS THAT ARE NOT TO BE TAKEN

*Do not use, consume, or apply any of these drugs*

It is **YOUR** responsibility to limit exposure to products and substances detailed below. It is **YOUR** responsibility to read product labels, to know what is contained in products you use and consume, and to inspect these products **BEFORE** using them. **Use of products in violation of this contract will NOT be allowed as an excuse for a positive test result.**

### ALCOHOL

Aftershave Lotion	Hair Tonics	Mouthwash	Sterno
Extracts (Lemon, etc.)	Medical Alcohol	Perfumes	Wood Alcohol

### ANALGESICS

Darvocet N-100	Fiorinal	Parafon Forte	Talwin
Darvon, Darvon CPD	Norflex	Robaxin, Robaxisal	Wygesic
Equagesic	Norgesic	Soma	Ultram

### ANTICHOLINERGICS/ANTISPASMODICS

Atropine	Hyoscine	Librax	Valpin
Belladonna (and derivatives)	Kinesed	Pro-Banthine	
Donnatal	Levsin PB	Scopolomine	

### BARBITURATES

Amytal Na	Donnatal	Nembutal	Surital
Brevital	Eskobarb	Pentothal	Tuinal
Butabarbital	Luminal	Phenobarbital	
Butisol Na	Mebaral	Seconal	

### BROMIDES

Bromo Quinine	Dr. Miles' Nervine		
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### COUGH SYRUPS CONTAINING

Codeine	Hycodan	Oxycodone	
Dextromethorphan	Hydrocodone	Tussionex	

### FOOD AND OTHER INGESTIBLE PRODUCTS

CBD Oil	Kava Kava	Poppy Seeds ( <i>Do not ingest anything with poppy seeds</i> )	
E-Cigarettes or Vaporizer Pens	Kratom	Sure-Jell (Pectin)	
	Phenibut		

### HALLUCINOGENS

Bufotenine (Dimethyl Serotonin)	Ibogaine	Marijuana (THC)	STP - Serenity Tranquility
Diethyltryptamine (DET)	Ketamine	Mescaline	Peace (DOM, 2,5-
Dimethyltryptamine (DMT)	LSD (Lysergic Acid diethylamide)	Peyote	Dimethoxy-4-
Hashies		Psilocin	methylamphetamine)
Hashish		Psilocybin	

## DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

*Do not use, consume, or apply any of these drugs*

### MINOR TRANQUILIZERS

Ativan	Librium	Paxipam	Versed
Equanil	Meprobamate	Serax	Vesprin
Klonopin (Clonazepam)	Milpath	Trancopal	Xanax
Librax	Miltown	Tranxene	
Libritabs	Pathibamate	Valium	

### NARCOTICS/OPIATES/OPIOIDS

A.P.C. with Demerol	Fiorinal 1, 2, 3, or 4	Numorphan	Stadol
B & O Suppettes	Heroin	Oxycodone	Sublimaze
Bancap HC	Hycodan	Oxymorphone	Suboxone (Buprenorphine)
Cocaine	Hydrocodone	Pantopan	Synalgos-DC
Codeine	Hy-Phen	Paregoric	Talacin
Damason-P	Innovar Injection	Pentazocine	Talwin
Darvocet	Leritine	Percobarb	Opium and Opium Tinctures
Darvon	Levo-Dromoran	Percocet	Tussionex
Demerol	Lomotil	Percodan	Tylenol 1, 2, 3, or 4
Dilaudid	Lorcet	Phenaphen 1, 2, 3, or 4	Tylox
Dolene	Lortab	Phenazocine	Ultram
Dolophine	Mepergan Forte	Propoxyphene Hydrochloride	Vicodin
Empirin 1, 2, 3, or 4	Methadone	Roxicet	Zohydro
Empracet	Morphine	Roxicodone	Zydone
Fentanyl-Sublimaze	Nubain	Soma (Carisoprodol)	

### OVER THE COUNTER (OTC)

Antihistamines: Dristan, Contac, Sominex, Nytol, NyQuil	Caffeine Preparations: NoDoz, Vivarin	Decongestants: Dextromethorphan (DM)	Diet Aids: Dexatrim
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### SEDATIVES/SLEEPING AIDS

Alurate	Compazine	Methaqualone (Sopor)	Quaaludes
Ambien	Compoz (OTC)	Milpath	Restoril
Amytal	Dalmane	Miltown	Secobarbital
Ativan	Deprol	Nembutal	Seconal Sodium
Butalbital	Doriden	Noludar	Serax
Butalbital Acetaminophen	Equanil (Meprobamate)	Nytol (OTC)	Sleep-eze (OTC)
Caffeine	Halcion	Paraldehyde	Sopor
Butisol	Klonopin	Parest	Valium
Carbital	Limbitrol	Phenobarbital	Veronal
Centrax	Luminal	Phenobarbital Sodium	Vistaril (Atarax)
Chloral Hydrate (Noctec)	Lunesta	Placidyl	Xanax

### STIMULANTS

Adderall	Dexaspan	Mazanor	Preludin
Adipex-P	Dexatrim	Melfiat	Prolamine
Apidren	Dexedrine	Methamphetamine	Ritalin
Benzedrine	Didrex	Methedrine	Sanorex
Bontril	Efed II	NoDoz	Tenuate
Cylert	Eskatrol	Plegine	Vyvanse
Desbutal	Fastin	Pondimin	
Desoxyn	Ionamin	Prelu-2 TR	

## DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

*Do not use, consume, or apply any of these drugs*

### SUPPLEMENTS

Supplements (including herbal, pre-workout, protein, creatine, etc.) will not be approved to take while you are on probation. Supplements may interfere with testing and will be subject to confirmation testing at your own expense. If you take any supplements while on probation, it is at your own risk.

### SYNTHETICS

Synthetic Cannabinoids - Synthetic Marijuana, K2, Spice

Synthetic Cathinones - Methylenedioxypropylone (MDPV), Mephedrone, Methylone

Bath Salts, Molly, Glass Cleaner, Plant Food

### VOLATILE SUBSTANCES/INHALANT ANESTHETICS

Anesthetics	Banana Oil	Glue	Pentothal
Amyl/Butyl Nitrite (also called Liquid Gold and Poppers)	Fluothane	Nitrous Oxide	Surital
	Freon	Paint Thinners	
	Gasoline	Penthrane	

This is not an exhaustive list. New drugs hit the market daily. Unless the drug appears on the **DRUGS THAT CAN BE TAKEN** list, notify your probation officer before ingesting any drug. When testing, be sure to indicate on your paperwork **ALL** drugs, prescription and over-the-counter, that you have consumed. **Remember! When in doubt, do not use, consume, or apply.**

**I have read and understand my responsibilities. My signature implies my consent.**

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PARTICIPANT/ DONOR SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PRINT NAME OF PARTICIPANT/ DONOR

\_\_\_\_\_  
WITNESS

\_\_\_\_\_  
DATE